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# **Today's Grandmother: Your Guide To The First Two Years: A Lot Has Changed Since You Had Your Baby! The How-to Book To Become An Active And Engaged Grandmother**



## Synopsis

The birth of a baby is exciting for everyone, but much has changed in the last thirty years, meaning it can also be intimidating—especially for the expectant and new grandmother. This is the how-to-guide for grandmothers-to-be, new grandmothers, and those who are becoming grandmothers again. - Explore the most up-to-date facts about pregnancy and birth. - Learn the latest in baby care, such as nutrition, sleep, equipment, and safety. - Prepare for the new family dynamics, challenges, emotions, and parenting approaches today. Get practical information and sensible tips to navigate this wonderful, transforming, yet sometimes challenging relationship with your new grandfamily, alongside Angela Bowen, a Registered Nurse and proud grandmother.

## Book Information

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Average Customer Review: 4.4 out of 5 stars [See all reviews](#) (37 customer reviews)

Best Sellers Rank: #229,720 in Books (See Top 100 in Books) #67 in [Books > Parenting & Relationships > Family Relationships > Grandparenting](#)

## Customer Reviews

I loved this book. It was very informative and opened my eyes to a lot of things. My daughter and son-in-law are expecting their first baby in August and it will be my first grand-baby. I felt I needed to understand the dynamics of grand-parenting a whole lot better than I did, and this book did not disappoint. I originally heard about the book from an add in the paper I saw one day at work. Angela Bowen was doing a book signing at Cradleberries in the town where I live. I am a writer and have quite a few books for sale on and I wanted to talk to another author in the area because I seldom get to meet other writers. Needless to say, I was unable to make the book signing, but purchased the book online anyway. I'm so glad I did! Only thing I was looking for in the book that I didn't find was info for Rhesus moms. My daughter is O negative and hubby is positive. Though I've done extensive research on this topic, and I am confident all will be fine, I wanted to hear a nurses perspective of this. My daughter has to get the Winrow shot. Perhaps it wasn't relevant to put it in

the book, but I still would have liked to read about it since it pertains to my daughter and my grand-baby. I was also surprised by people's attitudes when I told them I was reading a book about how to be a grandma today. Most laughed and told me there is no way to be prepared, or nothing I could read that would help me know how to grandparent better. Well I beg to differ, I told them. Actually this book is exactly what grandma's-to-be need. I explained it was more about how things have changed since we raised our kids.

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